



## Membership Newsletter Spring 2023

### President's Message:

Recently I participated in an exercise where I was challenged to write down my personal credo. Writing down a credo of beliefs was a challenge as I only had so much room on the slide I was preparing and I had many aspects of my life that influence my beliefs. To start, I turned to some of my favorite quotes that carry me through good days and bad days. The quote that sticks out to me most often is not published in a book or on a website or anywhere else, in fact, the author has never received any paid credit for his quote but it is etched on my heart and in my soul. The quote comes from my dad and stems from many years of hiking and backpacking throughout Utah with my dad. My sisters and I (and anyone else that has ever gone on a hike with my dad) have been known to call him a bit of a mountain goat because you really can't place terrain in front of him that he can't handle. He makes scaling the sketchiest of mountainsides look like a walk around the neighborhood on paved ground. In fact, going on a Sunday afternoon stroll with him in the neighborhood meant that he had to control the dog on the leash as well as a 10 pound weight in the opposite hand to slow him down enough so that the rest of us could try to keep up. So, the quote from my dad. "Your Boots will Hold You!" It's that simple. We could be falling down a mountain and he would tell us to stand up straight, it will be okay, "your boots will hold you". It turns out my dad was telling us to trust our shoes and our legs to do their job and we would be able to safely get down the hillside.



Now, why on earth are my hiking boots part of my personal credo, and why are they in this president's message to all of you. As I have thought about dad's hiking boots over the years I think my dad was telling us to trust ourselves and the talents and knowledge we have been given. Trust yourself to do the job you have in front of you. I have found myself second guessing my abilities before. I have found myself standing in a room of people that have more education than I do and second guessing if I should be leading the discussion. Guess what, your boots will hold you. Trust yourself and the knowledge you have. Be comfortable with what you have to offer because you do have something to offer. In quality improvement we are all leaders, either formally by title, or informally by the actions we take to lead groups through improvement. My hope is, that you will trust yourself as a leader enough to bring that expertise to UAHQ this year and share your knowledge so that we can all make our boots a little stronger. An association like UAHQ is only as good as the members that come and participate, so please, come and participate. We are planning webinars to share learning, we are planning a summer social event, and we are planning the annual conference. All of the events will be opportunities for you to come together and network. Meet someone new, share something that you know and learn something that you didn't know. I hope that you will take advantage of this association and the opportunities it can offer you. I am looking forward to this year and getting to know each of you and I hope that each of you will come and introduce yourself to me. I hope that you will bring a friend with you to UAHQ and that we can all build up this association and learn from each other. Thank you for being here and for being a part of this association. If you have ideas or if you have something to share please reach out to me or any member of the board- we want to hear from you! I look forward to meeting you and learning from you this year. - Emily Carlson, UAHQ President, 2023.

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Did you know?

UAHQ is always accepting new members, visit [www.uahq.org](http://www.uahq.org) to become a member today

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## UPCOMING EVENTS

### IHI Patient Safety Congress

National Harbor, MD, USA

May 22–24, 2023

Register by March 31, 2023, for the early bird rate!

[LINK TO WEBSITE](#)

#### SAVE THE DATE:

- June 8, 2023- Evening Summer Social for all UAHQ Members
- September 29, 2023 - UAHQ Annual Conference

### CIHQ-ARS ARTICLE

#### Workplace Mental Health and Well-being, A Different Perspective on The Environment of Care

Provided By: [Interactive Quality/Resiliency Well](#)

By: [Beth Guyton](#)

[Read the full article here](#)

#### Modern Healthcare

#### PATIENT SAFETY COURSES A TOUGH SELL AT MEDICAL SCHOOLS

[MARI DEVEREAUX](#)

From increasing the use of sepsis bundles to streamlining diagnostic test ordering to improving patient satisfaction with consent procedures, medical students at the Ohio State University College of Medicine develop projects to solve real-world patient safety risks in clinical settings. [Read the article](#)

### Introducing your 2023 UAHQ Board

- *President-* Emily Carlson, (She/Her) currently works as the Quality Manager for the Community Physicians Group with University of Utah Health. Emily has three awesome kids (ages 10, 8, and 4) who are all adopted from different biological families and all have birthdays in an 11 day span in July. We love fireworks because we celebrate our family along with the other July holidays.
- *President Elect-* Adrienne Brown, (She/Her) currently works for Molina Healthcare of Utah and Idaho as the Quality Improvement Program Manager. Adrienne is married with two daughters and two dogs. She enjoys spending time with family and friends, taking group fitness classes, skiing and traveling.
- *Immediate Past President-* Mouna Bahsoun, (She/Her), currently works as a quality manager for Intermountain Healthcare. Mouna holds a Master of Science in healthcare quality and is working on her PhD and is an IHI fellow. She's been working in Healthcare for fifteen years across three countries and speaks four languages.
- *Secretary-* Joni Johnson MSN, BSN, CIC, (She/Her), is currently the Director of Infection Prevention at St. Marks Hospital. Her favorite quote is "I Dwell in Possibility." She is passionate about performance improvement, team building and watching others succeed. When not at work, she enjoys time with her sweet family of 6.
- *Treasurer-* Brittany Guerra, MPH, CHES, (She/Her), is the Manager of Quality Interventions for Molina Healthcare of Utah (2022-current). Previously, Brittany worked in clinical settings, at an international non-profit, and state and local health departments deep in public health. She joined the board to meet other excellent quality-minded individuals and promote this important work. She loves people, traveling, all things beach/ocean, and trying new things (most recently, Japanese Drumming).
- *Member- At-Large-* Angie Merrell, (She/Her), currently works as the ACNO at Ogden Regional Medical Center. Angie is very passionate about Disaster Preparedness and Disaster Response!! She is a volunteer with the Davis Co. MRC, Red Cross, and U.S.DMAT team. She has had the opportunity to teach disaster preparedness and response to many disasters around the world.
- *Education Chairperson-* Jamie Glismann (She/They). I am a Transwoman, starting an incredible journey I enjoy spending time with family watching movies, playing games, Reading books. I am a RN for the past 8 years, achieved my BSN about a year ago, I have been in Quality for 6 years at Davis Hospital. I joined the board to challenge myself and get more involved and learn more about quality and learning from other quality professionals.
- *Communications Chairperson-* Shelly Rives, (She/Her) is an Accreditation Specialist at U of U Health. She has a Master of Healthcare Quality and CPHQ certification. She has been on the board for 7 years was UAHQ president in 2021 and enjoys working with others from different quality backgrounds.

BE SURE TO CHECK OUT OUR FAVORITE QUALITY IMPROVEMENT WEBSITES!



ACCELERATE

